

## AVOIDING POISONING

The common poisons of GHB, “the stinky drug,” KSS drug, methanol, and mollie in food and beverages can be avoided with three tactics:

1. Eat food that is heated thoroughly at a high temperature.
2. Eat frozen food.
3. Eat food you freshly prepared from vegetable sources.

GHB, “the stinky drug,” KSS drug, methanol, and mollie are chemically de-natured when cooked for enough time. If in liquid form, they will all be de-natured when cooked at a full boil for at least two minutes.

GHB, “the stinky drug,” methanol, and mollie are chemically de-natured when frozen for enough time. The KSS drug is temporarily chemically de-natured when frozen for at least 5 hours, and returns to its active form after thawing.

GHB added to dairy products is difficult to detect. Something about milk masks the taste of GHB and the molecules also remain stable; there is no change in appearance or texture. You can eat as much ice cream that was dosed with GHB as you want and it won't hurt you as long as it is straight out of the freezer after being completely frozen through for a minimum of 5 hours. Turn your freezer setting all the way up and wait for your ice cream to thaw out in front of you before it is soft enough to scoop. Unlike the KSS drug, once GHB mixed into food or beverage has been frozen long enough, it will remain inactive after thawing.

Medical marijuana laced with KSS must be consumed while still frozen after 5 hours in order to avoid being dosed.

If you muscle-test whether or not your food has any illegal drugs in it, try using the phrase “physically present.” The human body is energetically sensitive; if you are afraid your food is unsafe, you may have added negative energy to your food with your beliefs. Food that has an illegal drug present in it only on the energetic level will hurt your body to the extent that your nervous system experiences that stress. If you use the language, “illegal drugs in this food,” and you do not specify the physical level to differentiate with “illegal drugs physically present in this food,” you could stress yourself out unnecessarily.

The human body answers muscle-testing inquiries accurately to the extent that accurate language is used. The human body is a patient teacher, and will teach you your responsibility to use the power of language to communicate at a level of higher truth.

Methanol is a common poison used by the CIA, FBI, and NSA to interfere with a person's daily functioning without blinding them or killing them. Methanol causes birth defects when consumed by pregnant mothers. It is not considered by the human body to be an illegal drug, as it is not classified that way by state laws. You can use the phrase “poisonous substance” if muscle-testing for poisonous

alcohols and illegal drugs together. Methanol is permanently de-natured by cooking or freezing for enough time.

Minimum freezing time to chemically de-nature:

GHB, molly - 3 hours

KSS drug, methanol, "the stinky drug" - 5 hours

Sometimes CIA agents pull dirty tricks such as putting a few granules of GHB in your food or one drop of methanol in a liter of beverage just to freak you out or get you to throw good food away. You could muscle-test that food safe to eat has a poisonous substance in it. Finding the right language to dialogue your body with muscle-testing about what food or beverage your body wants at the present moment in time is a personal learning experience. Statements you could try are, "Body, the truth is, this food is completely safe for me to eat," or, "Body, the truth is, this is the food you want to eat right now."

Another dirty trick CIA agents pull is breaking and entering into your home and swapping out food, beverages, or skin care products that you already muscle-tested to be safe with one that has poisons in it. They do this to get you to doubt the accuracy of your muscle-testing.

As for using cooking as a way to de-nature illegal drugs in the oven, on the stovetop, or in the microwave, the only suggestion I have is to heat the food for a modest amount of time, then muscle-test whether or not it is completely safe to eat; if you get a no, heat it for longer and test again until you get a yes.

FBI, CIA, and NSA agents use a small hand-held biofeedback device as a lie-detector instrument to determine if their food has been poisoned.