

A SAMPLE LETTER YOU MAY CUT AND PASTE, DUPLICATE AND DISTRIBUTE

Dear Dr. of Psychology or Psychiatry,

I am writing to request your consideration upon an issue of standards within the medical profession of psychology and psychiatry. As you are aware, the core of any doctoral practice revolves around accurate diagnosis and treatment. Many psychologists are highly aware that a patient's belief system is not a basis for evaluation of their mental health, as our freedom to practice religion is a constitutional right that formally acknowledges each person is free to believe in whatever religion they want.

Christians believe that the Christ walked on water, fed thousands of people with one loaf of bread and one fish that he magically duplicated, healed lepers and the blind with a touch of his hand, and rose from the dead. In the United States, the belief system of Christianity is deemed perfectly respectable and is widely accepted as normal. A psychiatrist who held differing theosophical beliefs could diagnosis a Christian as delusional, if a person's belief system was indeed a platform for the criteria of their sanity. Fortunately, the platform for diagnosis of sanity is based on science and not religion, such as the religion of atheism in which we all evolved from apes and belong to the animal kingdom. Patients are evaluated by their signs and symptoms, the external manifestation of their mental health. It is a person's behavior, their choices and actions, their interaction with the outside world that determines their state of mental health. Money does not equal mental health.

I bring this to your attention because the board of psychology has endangered the health of all American citizens with their failure to classify sadism as a mental illness. Feelings of anger, rage, and hatred are temporary states which mimic the function of nociceptors giving our emotional bodies the messages of pain. Although chronic pain is certainly the symptom of an imbalance not to be confused with the illness itself, the issue of sadism lies within a lifestyle of a compulsive need to hurt others. Sadism is a mental disorder that carries signs and symptoms, as with any other pathology.

Sadism is expressed in predatory behavior, and should be classified as a type of psychopathy requiring medication to ease the pain that drives people to seek out opportunities to self-soothe through harming others. Sadism is not normal or natural or healthy, but a mental illness that shapes a person into a menace to society. Sadism is at the root of the behavior of serial killers such as Ted Bundy, and the same mental illness that drove him to murder has gone unchecked in many people in positions of social responsibility. The lifestyle of abusing people for sport is a sign of a mental illness, yet people who suffer from sadism are neglected by a medical community which has normalized this pathology. When the American Psychological Association neglects to classify sadism as an illness, and refuses to acknowledge sadism as a legitimate pathology, we have mental illness running rampant throughout our communities going undiagnosed and untreated. Sadism produces addictive and compulsive behaviors of harming others, and is far more dangerous a pathology than schizophrenia. It is the gender-bias discrimination within the science of psychology that views violence as a part of "survival of the fittest," as men are on average more violent than women.

The licensing board of psychologists failed to maintain a standard of safety for all patients when they did not revoke the license of Dr. James Mitchell when he broke the Hippocratic Oath of "Do No Harm." Dr. Mitchell bragged on national television about aiding in the torture of a terrorist, which is outside the scope of the practice of any doctor. Doctors are licensed to give care to aid the healing of the mind and body; they are not allowed to abuse their patients under any circumstances, no matter who has authorized them to do it.

I believe that the American Psychological Association set a dangerous precedent that a doctor deliberately breaking the Hippocratic Oath is tolerable. The state medical licensing board which allowed Dr. James Mitchell to maintain his license to practice medicine after he gave testimony on national television to torturing a patient should be sued for neglect, as the social precedent that was set promoted violence and sadism as a part of the natural order of a male-dominated society.

Dr. Mitchell should have turned in his badge before switching careers from a psychologist to a government agent. James Mitchell does not deserve to be demonized for his service to this country; it is the licensing board that is at fault for failing to maintain the standards of safety by enforcing a clear boundary within his scope of practice.

Thank you for your participation in creating the world you want to live in.

Sincerely,

Your valued client or colleague