

THE ROAD OUT OF HELL

You may have at some point in your life been introduced to the archetype of a “wounded healer,” which is a rather humorous label because all humans are wounded in some way or another, and referring to a healer as wounded is like calling a bear furry. Most people who choose medicine as their career do so because they are passionate about healing others and using their resources to improve the quality of other people’s lives. Some people make a career out of medicine because they enjoy the power trip of having control over the quality of other people’s lives. And some people get into medicine because they are seeking to heal themselves, and what better path for self-healing than to become an expert at medicine? I bring this up because it has come to my attention that there are many “wounded healers” in the field of psychiatry, who have adopted the tenets of the collective ego which state that our thinking process is a superior source of intelligence to our feeling process.

I read an article in the Scientific American which stated that psychopathic traits were excellent qualities in a leader, and some of history’s most effective leaders such as Winston Churchill had the traits of a psychopath. Now, I don’t know about you, but that struck me as a little odd, like a small band of psychiatrists were attempting to normalize “crazy” in order to convince the medical establishment that they themselves were normal. Do psychiatrists ever self-diagnose? Or would they arrange collected research to justify and rationalize their own imbalances as anything but a pathology?

Does anybody remember when the medical establishment assured us that after several years of scientific study, hormone replacement therapy was safe, then 10 years later it came out that it dramatically increased the risk of cancer, to the point that many doctors withdrew their recommendation to take it? Do you think that maybe the psychiatric community may have the same margin of error, when they collectively agreed that traits of insanity were desirable qualities in a leader?

Or did they? I don’t think they did; that was simply the impression I received from reading one article from one psychologist’s viewpoint. I think that a full voluntary psychological evaluation should be required as a part of the routine medical exam for any candidate for presidency of the United States.

I am calling into question the values our society upholds, such as fighting and doing things by force instead of achieving progress through diplomacy and mediation. This article stated that lack of empathy and lack of conscience are beneficial survival skills, and that is bunk science because everyone knows that human beings are social creatures that must remain in a tribe to survive, and if you have lack of empathy then you are a less desirable mate, and you also are less likely to get along with members of your tribe.

If Mother Nature designed humans to fight with each other instead of use our higher faculties of intelligence for diplomacy, she would have given us claws and horns or some kind of built in weapon. If you examine the human body carefully you will notice that there is no part that nature intended to be used as weaponry.

Human beings are sensitive creatures, and it is our sensitivity that lends itself to our survival. You may have heard scientific facts about how sensitive animals are, such as how a shark can smell one drop of blood in the ocean from a mile away. Rarely do you hear about the gifts of sensitivity that we humans carry, and even more rarely are our gifts of feelings upheld as a reliable source of information.

I believe the road out of hell begins with learning about, discovering, and respecting human sensitivity.

I request that we begin respecting male sensitivity by immediately outlawing male genital mutilation (circumcision before the age of consent). Cosmetic surgery upon any person under the age of consent is child abuse. I request that we begin respecting female sensitivity by immediately outlawing child beauty pageants; it is not the privilege of any parent to place their little girl on parade for anyone to judge their value based on their physical appearance. Co-ed talent shows for children are not abusive. Adult beauty pageants are activities occurring between consenting adults who have chosen to make themselves available for admiration. The world could certainly benefit from more male beauty pageants.