

LOVE NOTES

If you are hungry for social change and want to see progress right now, remove the phrase, "I can't," and "That will never work," from your vocabulary.

Most everyone has been subjected to social conditioning in which we have made unconscious agreements and contracts about what we will support and allow. When these contracts are challenged, even the most vigorous human rights activists will immediately begin defending their loyalty to the collective ego by saying, "That will never change," and "They won't ever let us do that," and a whole series of nay-saying affirmations about how impossible it is to break that contract. The spirit of Harriet Tubman says, "Excuse me? *Let?*" At what point did the Abolitionists in 1860 concern themselves about whether the men perpetrating slavery would *let* them bring an end to slavery? No, the Abolitionists had already decided for themselves that they were going to bring an end to slavery, and they weren't standing around waiting for the approval of the rest of society or saying things like how it would never work because the white man wouldn't let them. They made it happen.

Because we have been subjected to social conditioning in which we have made unconscious agreements and contracts about what we will support and allow. When these contracts are challenged, even the most vigorous human rights activists will immediately demonstrate a hypnotic trance in which they allow the voice of the collective ego to do their thinking for them. They begin defending their loyalty to the collective ego by saying, "That will never change," and "They won't ever let us do that," and a whole series of nay-saying affirmations about how impossible it is to break that contract. This is because each of us that agreed to allow something that went against the truth of our hearts carries a guilt for participating as a victim, and they still need to release the spell of, "It's all my fault," and forgive themselves for not being a conscious creator at the level that deep down they know themselves as capable to be.

Now that it is 2018 and the social contracts that have been held in place with our unconscious agreements for many thousands of years have been broken in the hearts and minds of enough women around the globe, the scales of power have tipped in such a way that a critical mass of female empowerment has been made possible. The hardest part is forgiving the past, releasing the resentment of our history, and being open to believing that things can get better at a rate of speed determined by God (light speed.) I believe it can be easy. I believe in the possibility that it can be easy. But if it isn't easy, I'm not going to let that stop me, I will fight to the death (the death of patriarchy.) All Empires fall, it is the nature of destiny. The Roman Empire fell. And the Empire of Human Trafficking will fall.

Humans are hard-wired for empathy, and modern science has failed to witness the symptoms of trauma because trauma has been so normalized that a human brain subject to trauma is our standard of health. As we change our minds and evolve our scientific studies to step back and witness the conditioned mind as a participant that challenges our objectivity, the awareness of the entire human race will grow. Scientists are a curious batch that want to know the objective truth of the matter; they are interested in facts, they seek objectivity, they want to know the truth of reality. If you believe that they can't get past

their own egos to raise the standard of objectivity, you are underestimating the heart behind their truth-seeking. The scientific community currently reflects the trends of our male-dominated society and would be best served by a group of female scientists conducting independent research that does not require the approval of their male counterparts. It's time for women to stop trying to fit in and gain the approval of men, but instead be guided by their own instincts and intuitions.

Now in 2018, patriarchy cannot thrive without the support and funding of the women. Enough women in India agree with the lie that they are worthless, a burden, "a tree to be watered for the man," and carry such a high-degree of victim-blaming and lack of self-worth due to crimes against humanity at the hands of their male counterparts, that they do not realize they are worth more than their current lifestyle of dependency. These women are in agreement that it is all their fault they are born and bred to be raped by their husbands, and the rate of female infanticide is such that killing a newborn female is an act of mercy to prevent that person from a life in which she is guaranteed to be raped often. What these women in India need is a new drumbeat for their self-worth, a new tune that says, "Both men and women are equally loved by God."

When the standard of humane treatment is lowered in another country across the globe, it also lowers the standard of how women are treated in America. We look at the women in India and think that in comparison to them, we are empowered. The responsibility of the women in India is to stop punishing themselves with victim-blaming, and this would be greatly supported by the voices of women all over the world, letting them know, "It isn't your fault. You are worth more than that." Because Indian women have a reputation world-wide for being victims of inhumane treatment by their families and husbands, it would behoove women's rights all over the world to send a message back to the women of India, a message that the rest of the world is not in agreement with how they are treated.

What if the next Women's Rights March Global was entirely about protesting how women in India are treated like they were born to be raped? This will raise the standard for women's rights in all countries. I want the women of India to hear the voices of women around the globe saying things like, "You are worth more," and "You are a delight to God," and "You provide love and light," and "All water belongs to God," and "Trees* nourish with fruit and shade," and "Every female born is a gift from God," and "Treating someone as worthless cannot destroy their value in the eyes of God." These women need to hear messages affirming their worth, they need love notes and protests of indignation challenging their social conditioning. They need votes, energetic votes from millions of people to help them move out of where they have been stuck in victim-blaming themselves.

*Trees are people too.